



Healing Qualities of Water and Useful Applications

By Laura Silva Quesada

Water has always been believed to have healing qualities, and is the essential component of all life. It comprises 70% of the Earth's surface, and 75% of the human body.

Water has electromagnetic and chemical qualities, which make it able to break down substances into their constituent parts, and to absorb energy vibrations. It acts like a magnetic recording tape. Like a tape, information can be impressed by outside elements.

Research by Dr. Masaru Emoto done on crystals of various types of frozen water seems to show that besides environmental factors, thought; prayer, sound and words impress an effect on water.

Dr. Emoto used a device called a Magnetic Resonance Analyzer (MRA) and found that all substances have their own unique magnetic resonance field and must be understood functionally at the atomic or even sub-atomic level in order to achieve the complete cure of all diseases. Water being the essential component to all life became one focus of attention. Using the MRA he was able to measure objects of interest in micro levels smaller than molecules and believes he has discovered why diseases occur.

According to Dr. Emoto, the specific vibrating wave generated by the electrons orbiting the nucleus of an atom, and believed to be the source of energy behind the creation of **all** things emits a magnetic resonance. The magnetic resonance is influenced both positively and negatively by our thoughts. Negative thoughts influence microelements and microorganisms in our body, including those in water; in such a way that illness results. His belief is that water is alive and has memory. Other research even suggests that the information recorded in water

can be transferred to other water molecules. Dr. Emoto suggests that the most effective cure for disease is an awareness that we are living in cooperation with microorganisms at each moment of our lives and that they respond to thought.

It may then be concluded that positive thoughts raise our own electro magnetic resonance, which results in a higher quality of health. This resonance is expressed in our human energy field, and seems to be the best source for recording information onto water since the human energy field is influenced by our consciousness. The human energy field both permeates the entire body and radiates outwards inches, even feet beyond the body's surface, and can be easily projected through the hands. This human energy field has been validated in scientific laboratories as light emissions using photometers and color filters.

The vibrations are believed to come from the atomic and subatomic molecular activity of the human cells: quantum physics has described that all matter, which occupies space, contains potential atomic energy that is released in small quantities as electrons spin off. This explains why all matter has an energy field.

Animate or living matter emits an energy field with a higher frequency and with more active pattern changes than those found in inanimate matter. The human energy field is believed to have the highest vibration of all living matter. In addition, the human body is able to be both transmitters and receivers of this energy field.

With your Mind, desire and imagery, you can enhance your energy field and project or transfer it for a specific purpose such as in the case of the laying on of hands, and energizing water. In addition, you can also impress your energy field with specific information that can then be transferred and used for a specific outcome.

Natural forces within us are the healers of disease.

Hippocrates

You imagining energy flowing outward from one hand to the other transfers the human energy field. Most people who practice the transference of energy (Whether right handed or left handed.) seem to experience the energy flowing from the right hand to the left. Most imagine the energy as having a golden or bluish-white color. In addition during the transference of energy, the Mind needs to picture the outcome it desires to achieve, such as that of health.

A good place to begin transferring your energy field is with something as simple as energizing water. Energized water can be used for maintaining health and/or assisting the healing process, and because our bodies consist of mostly water, what could be a better place to start. As stated, water is a sort of liquid tape recorder and can be impressed with information with your Mind.

You can test the effects of energized water by comparing the growth rate of seeds that have soaked overnight in energized water to that of seeds that have soaked overnight in regular water. To do this experiment, separate the seeds into two batches, enter a meditative state, and begin to energize the water. While energizing the water, imagine on your Mental Movie Screen how you are going to use the water. For example, imagine that you are going to place the seeds inside the energized water so that they can soak overnight. You will then imagine that the following morning you put the seeds inside a sealed plastic bag and you that you place the bag of seeds in a well-lit location. You then imagine that the seeds begin to sprout and leaves begin to grow very soon after that. For the other batch of seeds, simply get regular water, let them soak in the same manner, put them in a sealed plastic bag, and place them in a similar location. In the days that follow, you will notice that once the seeds begin to sprout,

the energized seeds will grow, and produce more leaves faster than the seeds that were not in energized water.

Energizing water is easy and effective. Even children can energize water. Simply get a small container, preferably made of glass, and fill it with water. A drinking glass will do just fine. Place the glass on a table; sit comfortably in front of the glass, place your hands on either side of the glass and enter a meditative state. Your hands do not need to touch the glass, but they do need to be very close to it. If your hands are touching the glass, make sure they do not touch each other (Fingertips included) so that the energy can flow from one hand to the other and through the water instead of flowing from hand to hand. While energizing the water, imagine on your Mental Movie Screen exactly how you are going to apply the water, and then finish your programming by imagining the outcome you desire to achieve. Energize the water for approximately five minutes.

After energizing the water, come out of your meditative state and apply the water as imagined or programmed.

Water can be programmed to be used in many ways and must be used as programmed. For example:

*For general health problems, the water is programmed to be ingested by you or a loved one. As the water is ingested, mentally say "With each sip of water, I send the pattern of perfection to every cell of my body."

With this program, you would imagine the water going into the body and influencing every other cell in the body until health is achieved.

*For specific health problems, imagine the energized water being ingested, going straight to the area of concern and healing the problem (Causing the specific organ to regain health or the specific health problem to be corrected).

*For skin problems, rashes, and open cuts, program the water to be applied on the skin directly. Use distilled water for this application. For eyes, use an eyedropper. For nose, use a nose spray.

*You can energize water for your pets and plants as well.

Drink energized water, and get healthy! Once you learn to energize water; it's just as easy to energize your food as well. To your health - Cheers!

Dr. Masaru Emoto's work is chronicled in his books, *Messages from Water*, and *Messages from Water Part 2*.